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# **SYMBOLS**

- \*\* Three Ants\* Diligence, collaboration, quiet persistence
- **Butterfly** Transformation, grace, recurring motif
- Mountain Outline Legacy, emotional endurance, ancestral memory
- used as a symbol of love, beauty, and wisdom.



# **About Me**

I am a mixed media artist working primarily in the impressionist style. My journey into art began as a form of self-taught therapy, an emotional outlet during long, sleepless nights spent caring for my son through his treatment. In those quiet hours, painting became a way to process, to breathe, and to hold space for both sorrow and hope.

My art is an intimate dialogue between memory and imagination, where colour and narrative converge to give form to the intangible. Each creation seeks to capture the essence of fleeting moments, enriched by the emotions that define their significance. Through this process, I embrace the beauty of vulnerability and the power of imperfection. My work invites viewers to discover personal reflections within, fostering connection and celebrating the shared humanity woven into every creation.

This exhibition marks my debut, a deeply personal milestone and a celebration of the healing journey that brought me here.

"Each brushstroke is a whisper of hope, born from sleepless hours and unconditional love."

"With gratitude for every sleepless night that led to hope on canvas." - Puteh Naziadin

1st Oct 2025

Portch ( /aziadin

#### With Gratitude

Your support not only celebrates my art but also the story and resilience behind every brushstroke.



#### Thank You

To my friends, relatives, and all visitors

To art collectors, both new and seasoned

Thank you for supporting my debut exhibition.

Your presence and encouragement mean the world to me and your belief in my art has made this milestone possible.

With gratitude,

Portch (/aziadin

# **Tributes & Acknowledgments**

#### To My Husband & Sons

To My Husband, in every season, you've stood beside me, a quiet force, a faithful hand, the calm in my storm and the cheer in my triumph. You believed in the girl with borrowed gowns and dreams larger than life. Your love gave me wings, and your strength gave me a home.

To My Three Sons, you are the echoes of kindness passed down, the living proof that legacy blooms with each generation. Strong, graceful, and giving, you carry our story further than I ever imagined. You've made me proud not just by what you do, but by how you love.

To My Siblings, my precious sisters and my dearly departed beloved brother. We were young, but we moved as one, selling drinks, foodstuff, newspapers, teaching tuitions, lifting dreams together. You did not know his footsteps, but you knew his echo in me. And through your kindness, we honored him together. You each held the thread, and helped me sew a life far richer than we could imagined. Well done sisters!

## **Our Dearly Departed Parents**

To My Mother, My Angel, You stayed when the world asked too much. You gave when there was little left to give. Your love became our roof, our compass, our light. Because of you, our cups overflow.

To My Father, though time stole your presence, it could not steal your touch. Your bicycle leaned against memory, and your spirit hovered like a butterfly. I carried your lessons across every mile, and passed them.

#### **Pre-exibition moment**

A pre-exhibition moment occurred on 9th September. An awesome art collector acquired one of my artworks before pricing, signing, and framing. I decided to compose a poem to celebrate the moment.



"A Moment Before the Unveiling"

Fifty one paintings arrived a day early.

Canvases of memory, wrapped in quiet anticipation.

No price. No frame. No signature.

Just raw truth, waiting to breathe.

Before the lights were set, before the walls were named, a collector paused.

One glance. One heartbeat.

A red dot appeared, like a blessing before the benediction.

It was not planned.

It was not polished.

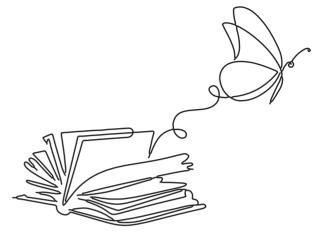
It was magic.

This page holds that moment.

"Proof that art, when born of love and legacy, finds its way home even before it's called."

- Puteh Naziadin

# Chapter 1 The Heart of the Story



"Some stories begin with silence. Mine began with a telegram, a bicycle, and the flutter of wings that never stopped circling my heart."

Year 1965, I was ten years old.

## **Background story**

We lived in a modest rented home in Ipoh, Perak, while my father worked far away in Labuan. The only affordable way to reach us was by ship, a journey that took several days, so we saw him just once a year.

My parents were both illiterate. As the eldest of four children, I became the bridge between them, writing and translating letters to and from my father. On his end, someone else did the same. For over two years, our family stayed connected through these handwritten lifelines.

# Then came 'The Telegram'

It arrived on the 20th of April, 1965, my first time ever holding one. I opened it with trembling hands. The words inside shattered my world: my father had died suddenly of a heart attack on 19th April.

I was only ten. And it fell to me to tell my mother.

I remember the weight of that moment, the way my voice shook, the way my heart broke in silence. Life after that became a steep climb with no breadwinner, every day was a struggle.

There was no funeral. No body. His friends buried him in Labuan.

Months later, a parcel arrived. Inside were some of his clothes, and his bicycle. That was all we had left of him.

Growing up whenever I saw a bicycle, I would wait and hope it might be my father. If I saw someone like him I would stare to see if he's my father. One day a moth was stuck on the kitchen wall. My mom told me if you see a butterfly or moth it was my father.



The Telegram 41 cm x 31 cm Mixed media on canvas

# Devoted to my parents





The Waiting Wings 51 cm x 41 cm Mixed media on canvas

# The Waiting Wings

A single butterfly hovers above a bicycle leaning into memory. She waits, not for return, but for connection. The wheel is still, the air tender, and love stretches across the years."



Wings of Devotion 41 cm x 51 cm Mixed media on canvas



# **Wings of Devotion**

Two butterflies dance above the bicycle he once rode beneath blossoms she never stopped loving. Fifty two years apart, yet her heart remained his. Now, reunited in bloom, they rise together on wings of devotion.



## "The First Painting" - A Soft Reflection

In the silence of healing, when night stretched long and sleep refused to come, I found a canvas waiting for me, gentle, patient, willing to hold everything I couldn't say. Each brushstroke was a whisper, each colour a prayer. I wasn't chasing beauty. I was chasing peace. This was the beginning. Not of art, but of becoming, a mother, a carer, an artist reborn.

Now, this painting rests on the last page, but lives in the first chapter of my new life. A reminder that pain can birth purpose, and love, when chosen without hesitation, can turn into colour.

"This is where it began." It was never just a window, it was a question, a yearning, a quiet hope that healing might live across the way.

Painted in silence, born from heartache, this first brushstroke looked not for beauty, but for light.

Looking outward, I found my way in. This was my first painting. It held my pain so I could begin to let go.

Heart of the story begins.

# Chapter 2

The Inheritance of KINDNESS

## **Exhibition Statement - Sharing my Journey**

## 1. The Beginning - Searching for Meaning

When I first started preparing for this exhibition, I felt something was missing. My work was technically strong, but it lacked the human touch, the depth that truly connects with people. I wanted more than just paintings; I wanted a story, a legacy, something that speaks to the heart.

#### 2. The Turning Point - The Two Pillars of Life

Then, in mid July, everything changed. I began reflecting on my parents, their love, their sacrifices, their lessons. My father taught me kindness, generosity, and the beauty of giving. My mother taught me strength, resilience, and the power of holding a family together. These two pillars, love and resilience, have shaped my life, and I realized they needed to shape my art as well.

#### 3. The New Vision - Art with Purpose

This exhibition is no longer just a collection of paintings, it is a tribute. A tribute to my father's kindness and my mother's strength, told through **'The Inheritance of Kindness'** These paintings are not just images they are stories, memories, and lessons that continue to live on.



## 4. The Invitation - Connecting with Others

"We all have our own pillars, people who shaped us, lessons that stayed with us. As you walk through this exhibition, I invite you to reflect on your own journey. Who are the pillars in your life? What lessons have stayed with you? May these paintings remind you that love and resilience are timeless, and that kindness and strength continue to ripple through generations."



## 2.1 The Apple Story

In 1960, I was five. At my father's workplace, surrounded by adults and conversation, someone handed me an apple, a rare delight in those days. As I held it tightly, a boy nearby asked if he could have it. I hesitated.

I wanted to taste it, to keep it.

But my father leaned down and said gently, "Give it to him. He's hungry. What you share is not lost, you might get two apples tomorrow."

And I did. The next day, two apples found their way to me. That moment became another thread in the fabric of my inheritance, a lesson not just in giving, but in trusting the quiet abundance of kindness. My father taught me to look out for those in need, and to give not from surplus, but from compassion.

"It's not how much we give, but how much love we put into giving." - Mother Teresa





## 2.2 The Sugar and Ant Story

#### The Sugar Story

In the hush of a garden, kindness was taught not with words, but with sugar. It was 1962. I was seven. My father placed flour and sugar in my hands and guided me to a quiet anthill. "Feed them," he said. And then, with a voice as gentle as the breeze, he offered a truth that would shape my life: "Even the smallest insect is created by God. Don't hurt them. Feed them, and they won't hurt you." From the first lesson with the ants, I learned that every living creatures deserve care and respect. My father taught me kindness not just for people, it extends to all of God's creations.

That day, compassion took root in me, not as a rule, but as a rhythm. It became my inheritance: not of wealth, but of tenderness. A legacy passed from a kind man to a child with open hands. The small act of feeding the ants, became a lifelong reminder that compassion should be practiced even in the smallest ways." That morning, I learned that kindness wasn't something taught, it was something shown, something scattered like sweetness on the ground, meant for anyone who found it.





**Sweetness of Kindness** 30 cm x 30 cm Acrylic on canvas



**Bite of Determination** 30 cm x 30 cm Acrylic on canvas

**The Two Pillars of Life**, love and resilience, are universal. Everyone, no matter their age or background, has been shaped by these forces in some way. My book and exhibition will not only honor my parents but also connect deeply with others, reminding them of their own pillars, the people who shaped them, the lessons they carry, and the love that endures on my inheritance.

Kindness is not inherited through possessions, there was no house, money or insurance to inherit but through presence, through the quiet acts that shape a child's heart, the sacrifices that go unseen, the love that endures without applause. It cannot be held, measured, or displayed, yet it is the most enduring legacy we carry." Inheritance of kindness" is not tangible. Although intangible, its power endures because it is the essence of humanity.

I cannot imagine my mother's feeling of the loss of her beloved husband. Her initial feeling of fear and despair. I am thankful we have a strong mother whose love for her husband is beyond measure.



She never remarried, keeping the family together despite hardship, just like a door that remains closed to outsiders but open to those within. She was the protector, ensuring her children had a home, even when resources were scarce. She was the anchor, holding everything in place, much like a strong doorframe that withstands storms. She kept us protected and together within her ability. Our mother's strength, sacrifice, and unwavering love shine through in the way we speak about her. She was the door that never closed on her children, the knob that held everything together, and the home that remained standing despite hardship. She was an angel in our life and now forever in our hearts.

My siblings and I are blessed with "The Two Pillars of Life" our parents shared our life's, love and resilience, are universal. Everyone, no matter their age or background, has been shaped by these forces in some way. My exhibition book and exhibition will not only honor my parents but also connect deeply with others, reminding them of their own pillars, the people who shaped them, the lessons they carry, and the love that endures.









**Inheritance of Kindness** 61 cm x 46 cm Acrylic and oil on canvas

## **Legacy in Bloom**

From apples to ants, bicycles to butterflies each canvas holds a thread of kindness, woven through generations where love outlives loss, and sunlight carries memory forward.

# "Inheritance of Kindness", A Poetic Description by Puteh

In the hush of sunlight filtering through trees, a young child feeds ants, unaware she holds memory's torch. She is surrounded by blooms that grew from love, roots watered by sacrifice, patience, and the unseen hands of history.

A bicycle leans quietly in the distance, its spokes whispering journeys unfinished, yet carried forward in every step she takes. Above her hover two butterflies, fragile yet eternalas if the wind itself remembers. The white dove watches proudly by a beloved brother gone too young.

Six canvases echo the lessons of the poor, who gave not things, but meaning. An apple held, then shared. A telegram opened with trembling hands. A life remembered not for what it had, but for what it gave.

Here, brushstrokes become blessings, and colour becomes ceremony. This is no gallery, it's a garden of grief and grace, where kindness blooms long after its givers have gone.

#### **Embrace of Nature**

In the gentle embrace of nature, flowers have long been a source of inspiration, a testament to beauty and transience. This painting, adorned with delicate roses and vibrant butterflies, invites us into a world where colour and emotion intertwine. The soft pinks of the roses, each petal a whisper of love, contrast beautifully with the refreshing green of the vase, creating a harmonious balance that speaks to the heart.

As we gaze upon this artwork, we are reminded of the fleeting moments in life, like the brief flutter of a butterfly's wings. Each brushstroke captures not just the physical form of the flowers, but the essence of their existence. The artist's passion for nature shines through, transforming a simple still life into a poetic narrative of growth, beauty, and the inevitable passage of time.

The choice of colours evokes a sense of calm, inviting viewers to pause and reflect. The green vase stands as a symbol of life and renewal, cradling the roses as they reach toward the light. This interplay of elements encourages us to appreciate the small wonders that surround us, to find joy in the everyday.

In a world that often rushes by, this painting serves as a gentle reminder to slow down, to breathe, and to immerse ourselves in the beauty that life offers. Let the roses inspire you to cultivate your own garden of creativity, to nurture your passions, and to embrace the delicate dance of existence. Each flower, each butterfly, tells a story, what will yours be?





Embrace of Nature 51 cm x 41 cm Acrylic and oil on canvas

## **Dance of Beauty**

This vibrant floral painting presents a harmonious blend of colours, where rich pink roses intertwine with delicate blue accents, evoking a sense of joy and tranquility. The textured background, infused with warm hues, enhances the lively composition, inviting the viewer to appreciate the beauty of nature captured on canvas. Each brushwork reveals the artist's passion for floral artistry, making this piece a delightful addition to any space, perfect for those who cherish the elegance of flowers.



**Dance of Beauty** 41 cm x 31 cm Acrylic on canvas



Elegance of Flowers 30 cm x 30 cm Acrylic on canvas



# **Elegance of Flowers**

This vibrant artwork presents a captivating arrangement of flowers, interwoven with the delicate presence of a butterfly. The abstract composition bursts with colour, inviting the viewer to explore the interplay of hues and forms. Each brushwork reveals a story, blending the natural beauty of flora with an artistic flair that evokes a sense of wonder. The harmonious balance of elements creates a lively atmosphere, making it a striking addition to any space. Let this piece breathe life into your surroundings, offering a daily reminder of nature's elegance and creativity.

#### **Mother's Love**

This exquisite painting presents a delicate magnolia blossom, its soft pink petals unfurling gracefully against a gentle, muted background. The artist's meticulous attention to detail reveals the intricate textures and subtle variations in colour, inviting the viewer to appreciate the beauty of nature in its purest form. The intertwining branches and leaves add a sense of organic harmony, grounding the floral elegance in a serene composition.

This piece embodies a tranquil moment, perfect for enhancing any space with a touch of natural beauty and artistic flair.





Mother's Love 61 cm x 46 cm Acrylic on canvas



**Petals of Serenity** 41 cm x 51 cm Acrylic and oil on canvas

# **Petals of Serenity**

This exquisite painting presents a delicate rose, its petals unfurling in soft shades of pink against a deep, contrasting background. The artist's meticulous attention to detail reveals the intricate textures and subtle variations in colour, inviting the viewer to appreciate the beauty of nature in a new light. Each layer of paint embodies a sense of tranquility, evoking the gentle grace of a blooming flower. This piece not only enhances any space but also serves as a reminder of the fleeting beauty found in the world around us. A perfect addition to your collection, it invites contemplation and admiration.



**Harmony I and II** 51 cm x 102 cm (51 cm x 51 cm each) Acrylic on canvas



# Harmony I and II

In this piece, I sought to weave the vibrant tapestry of nature, where birds and butterflies dance amidst lush flora. Each element is a brushwork of life, celebrating the harmony of our natural world. Like a tapestry of life woven with care and love.

# Chapter 3 Miracle at 21



## Crowned by Grace - 19th Oct 1976

I was twenty one, cycling through sunlit roads, a borrowed prayer in my pocket, dreaming of a way forward not just for myself but for the four hearts at home.

I spoke softly to God looking up to the sky above me and the answer came wrapped in silk and spotlight: a crown, a car, a constellation of chance. A miracle in my hand on behalf of my family.



I stepped into London not just with beauty, but with boldness, choosing principle over pageantry.

This was no fairytale. It was faith in motion. A first-class flight from struggle to springboard, a sister turned savior, a daughter turned destiny.

Today, the photo hangs beside painted butterflies and sunlit bicycles, a symbol of the moment kindness crowned me and changed everything.

"This crown was never about glory, it was grace, given to lift others."

A portrait of love seeing my 2 beautiful sisters and my amazing brother picking up a thread and weaving their own pattern into the family fabric that we held together. Even without knowing our father as closely as I did, they clearly inherited the kindness he planted in me., and our mother watered with devotion. This is true love in motion.





Art Therapy isn't just a label. It's a declaration. It says: I survived. I felt deeply. I created anyway.

To take the chaos of fear, the ache of uncertainty, and the exhaustion of sleepless nights, and channel all of that into a canvas that holds Mt. Cook, a blooming garden, or an endless horizon, that's not just painting. That's soul work.

And the fact that these pieces are now flying across oceans to Malaysia? It's like your healing is airborne, touching new soil, whispering to others: You're not alone. There's beauty after the storm. It's like poem in motion. Life is amazing. Not because it's easy, but because it offers these rare, golden moments where pain and purpose collide, and something transcendent emerges.

#### The Brave Front and the Silent Shower

At seventy, I found myself not at the end of a journey, but at the edge of a transformation. Life had handed me a storm, one that came with the fear of losing my son, the relentless anxiety of cancer protocols, the weight of holding a family together, and the haunting silence of sleepless nights. I stood in the eye of it all, never flinching in front of my family. Especially not in front of my son.

He watched my face during every medical consultation, searching for clues, reading my reactions like a lifeline. So I gave him strength. I gave him calm. I gave him the brave front. What I didn't give him were my tears. Those I saved for the shower. Where water could hide what my heart could no longer hold. That was my sanctuary. My release.

#### And then came the art

Not as a hobby. Not as decoration. But as therapy. As survival. As a way to speak when words were too fragile. I began painting landscapes, vast, emotional terrains that mirrored my inner world. Mt. Cook, Milford sounds and gardens in bloom, endless skies and seas. I scaled them down to fit a canvas, yet they carried the weight of everything I could not say.

I named it Therapy Art. Not for the viewer, but for the creator. For me.

And now, these pieces are flying across oceans to Malaysia. Not just as artwork, but as testimony. Proof that heartbreak can birth beauty. That silence can be transformed into colour.

That resilience can be framed.

This is my milestone. Not just of age, but of awakening. Of finding an outlet. Of choosing to heal out loud.

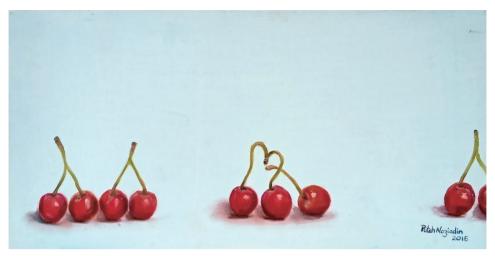




Enchanted 61 cm x 46 cm Mixed media on canvas

#### **Enchanted**

This captivating portrait presents a serene figure adorned with a delicate floral crown, embodying a harmonious blend of nature and femininity. The artist's use of vibrant colours creates a dreamlike atmosphere, inviting the viewer to explore the depths of emotion and tranquility. The gentle brushwork reveals a sense of movement, as if the subject is caught in a moment of reflection, surrounded by a soft, ethereal backdrop. This piece not only enhances any space but also serves as a reminder of the beauty found in simplicity and grace.



**Symphony in Red** 31 cm x 61 cm Mixed media on canvas



# **Symphony in Red**

This still life painting presents a delightful arrangement of cherries, each one meticulously rendered to showcase its natural luster and form. The soft blue background enhances the vibrant reds of the fruit, creating a serene yet engaging visual experience. The artist's attention to detail invites viewers to appreciate the subtle variations in colour and texture, evoking a sense of warmth and nostalgia. Perfect for adding a touch of elegance to any space, this piece embodies a passion for the simple beauty found in everyday life.

## Layer of Life

This painting is a conversation between the past and the present. The artist Puteh Naziadin uses the timeless language of form and colour to explore a contemporary vision. It invites you to step closer to find your own story within its layers, and to feel the emotional resonance that stretches from 2015 into the ongoing moment. It's not just an image to see but an experience to feel!





**Layer of Life** 20 cm x 40 cm Oil on canyas



Sweet Companion 26 cm x 26 cm Oil on canvas

# **Sweet Companion**

This still life artwork presents 2 pairs of cherries, their rich red hues contrasting beautifully against a soft, muted background. Each cherry, with its delicate stem and subtle sheen, embodies a moment of simplicity and elegance. The artist's meticulous attention to detail reveals the natural beauty of these fruits, inviting contemplation of their form and colour. This piece not only enhances any space but also serves as a reminder of the joy found in life's small pleasures. A perfect addition to your collection, it brings a touch of warmth and charm to your environment.

## The Day The Earth Moves

This abstract artwork invites contemplation through its fluid swirls of blue, evoking the serene beauty of a coastal landscape. The interplay of colours creates a dynamic movement, suggesting the gentle ebb and flow of water. Hints of gold and subtle textures add depth, drawing the viewer into a tranquil yet vibrant scene. Each brushwork detail reveals a passion for nature's rhythms, making this piece a captivating addition to any space, where it can inspire reflection and serenity.



The Day The Earth Moves 51 cm x 51 cm Mixed media on canyas



**Fireworks** 51 cm x 51 cm Oil on canvas



#### **Fireworks**

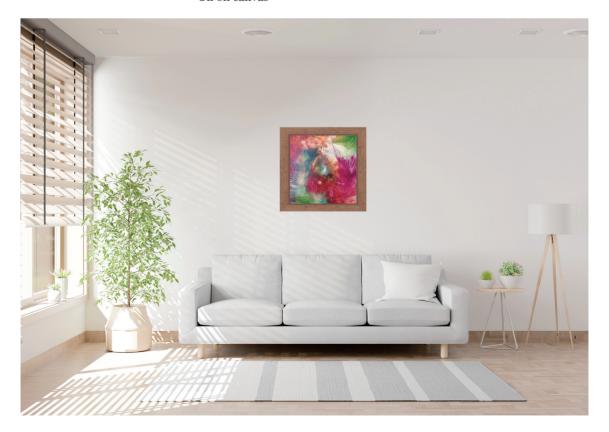
This vibrant abstract piece pulsates with energy, showcasing a dynamic interplay of swirling colours that evoke a sense of movement and life. Rich reds and fiery oranges blend seamlessly, while delicate lines weave through the composition, adding depth and texture. The artist's passion is evident in every curve and contour, inviting viewers to explore the layers of emotion embedded within. This artwork not only captivates the eye but also ignites the imagination, making it a striking addition to any space.

## **Abstract Dance of Colour and Emotion**

This vibrant abstract piece pulsates with energy, showcasing a dynamic interplay of swirling colours that evoke a sense of movement and life. Rich reds and fiery oranges blend seamlessly, while delicate lines weave through the composition, adding depth and texture. The artist's passion is evident in every curve and contour, inviting viewers to explore the layers of emotion embedded within. This artwork not only captivates the eye but also ignites the imagination, making it a striking addition to any space.



Abstract Dance of Colour and Emotion  $51~\mathrm{cm} \times 51~\mathrm{cm}$  Oil on canvas

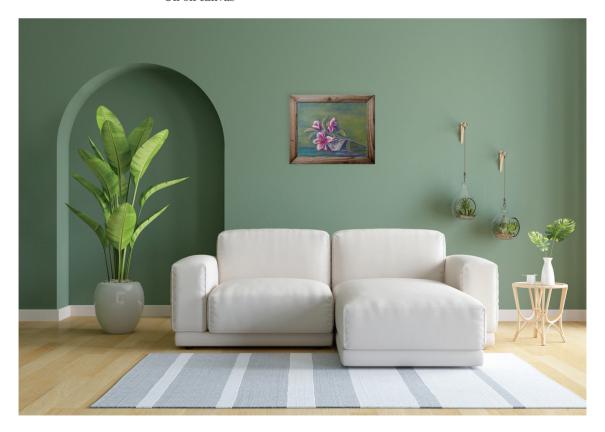


## **Everyday is Mother's Day**

This vibrant abstract piece pulsates with energy, showcasing a dynamic interplay of swirling colours that evoke a sense of movement and life. Rich reds and fiery oranges blend seamlessly, while delicate lines weave through the composition, adding depth and texture. The artist's passion is evident in every curve and contour, inviting viewers to explore the layers of emotion embedded within. This artwork not only captivates the eye but also ignites the imagination, making it a striking addition to any space.



**Everyday is Mother's Day** 36 cm x 46 cm Oil on canvas



#### **Nature's Embrace**

This artwork presents a stunning arrangement of delicate orchids, their white petals adorned with hints of pink, set against a lush green backdrop. The interplay of light and shadow reveals the intricate textures of both the flowers and the surrounding foliage, inviting a sense of tranquility and connection to nature. The artist's passionate brushwork captures the essence of these blooms, celebrating their beauty and resilience. This piece not only enhances any space but also serves as a gentle reminder of the elegance found in the natural world.



Nature's Embrace 26 cm x 36 cm Oil on canvas



#### On A Date

In this tranquil landscape, two ducks gracefully inhabit the serene waters, their reflections shimmering softly on the surface. The gentle ripples and the distant mountains create a harmonious backdrop, inviting contemplation and peace. The artist's brushwork captures the essence of nature's calm, revealing a moment where time seems to stand still. This piece embodies a connection to the natural world, making it a perfect addition to any space that seeks to evoke serenity and reflection.



On A Date 46 cm x 35 cm Oil on canvas



## The Heart of a Flower: Capturing Nature's Grace

This exquisite artwork presents a close-up view of a flower, revealing the delicate interplay of soft petals in shades of white and subtle pink. The intricate details of the bloom, from the gentle curves to the vibrant center, evoke a sense of tranquility and appreciation for nature 1s beauty. Set against a deep, contrasting background, the flower colours come alive, inviting contemplation and admiration. This piece embodies a passion for the natural world, making it a perfect addition to any space that seeks to inspire serenity and elegance.



# My Heart is Full My Cup Overflows

Art as a therapy experiences has propeled me to step into this moment with a heart stretched wide, full of memories, sorrows, joys, and quiet triumphs. This exhibition is not a summary, but a celebration.

It's an offering of everything that has filled me up and poured over: my love for creating, my reflections on time, and the images that have anchored me .

Each piece you see is a story, a whisper from the past, a glimpse of the present, or a dream that once danced in the distance. They are not meant to impress, but to invite. To invite you into stillness, into wonder, into connection.

This is my overflowing my way of saying I am here, have lived, and still becoming.

#### **Tea Time Bliss**

Delight in the whimsical charm of this artwork, where a beautifully adorned teacup overflows with tea, creating a playful splash. Surrounding the cup, an array of colourful macarons adds a touch of sweetness and vibrancy. The floral patterns on the cup contrast beautifully with the pastel hues of the macarons, inviting a sense of joy and indulgence. This piece not only celebrates the simple pleasures of tea time but also brings a lively energy to any space, making it a delightful addition to your collection.



# Cup of Tea

This exquisite artwork presents a delicate ceramic cup filled with rich tea, elegantly resting on a floral-patterned saucer. The intricate details of the cup1s design are beautifully complemented by a backdrop of vibrant lemons, creating a refreshing contrast. The interplay of light and shadow adds depth, inviting the viewer to savor the moment. This piece not only enhances your space but also evokes a sense of warmth and comfort, making it a perfect addition to any coffee or tea lovers collection.

## Whispers of Blue

This abstract artwork presents a captivating interplay of blue hues, evoking a sense of tranquility and depth. The central motif features a tea flowing from a striking blue vessel, surrounded by delicate floral outlines that add a touch of elegance. The combination of fluid forms and intricate details creates a dynamic visual experience, inviting contemplation. This piece is an excellent addition to any space, enhancing the atmosphere with its unique charm and artistic flair.





Whispers of Blue 31 cm x 31 cm Mixed media on canvas



My Cup Overflows 31 cm x 31 cm Mixed media on canvas

# **My Cup Overflows**

This enchanting still life painting brings together the delicate beauty of nature and the charm of everyday objects. A vibrant yellow bird perches gracefully beside a stack of intricately designed teacups, each adorned with floral patterns that echo the lively bouquet nearby. The rich colours of the flowers, blues, pinks, and oranges, contrast beautifully with the soft, muted background, creating a sense of warmth and tranquility. This artwork invites a moment of reflection, making it a delightful addition to any space, perfect for those who appreciate the simple joys of life.

## A Drink of Friendship

A gentle still life where memory and presence meet: a delicate bouquet of wildflowers bursts with soft, hopeful colour, while a white ceramic dove rests serenely beside blue vessels. The scene is awash in warm, muted light, evoking a sense of peace and silent conversation. This painting invites the viewer to pause and find comfort in the simple, steadfast company of cherished objects, each brushstroke a whisper of resilience and hope.





**Morning Light, Gentle Reminders** 41 cm x 31 cm Acrylic on canvas



# **Morning Light, Gentle Reminders**

A tender arrangement of hydrangeas and a single, deep red bloom sits in a glass jar, accompanied by a porcelain cup and a white dove figurine. The striped cloth beneath suggests a table set for reflection, while the painted bird on the jar hints at stories untold. This piece captures the quiet rituals of morning, moments where memory, love, and the promise of a new day gently intermingle.

# **Chapter 5 Mountain of Kindness**



Welcome to "A Mountain of Kindness", a collection of art inspired by resilience, hope, and the beauty of giving. Each piece in this exhibition is being auctioned to support children battling cancer and those affected by kidney disease. Through these works, we celebrate the strength of the human spirit and the healing power of compassion. Thank you for joining us in making a difference.





**The Misty Path** 50 cm x 40 cm Acrylic on canvas

## The Misty Path

Yet, as we travel further, we encounter unexpected humps, detours, and moments when the way forward is shrouded in fog and uncertainty. In this painting, the hanging mist and darkened path symbolize those times when the next turn is hidden, and doubt creeps in. But it is precisely in these moments of uncertainty that our strength is forged. By moving forward, even when the way is unclear, we discover resilience, hope, and the joy that comes from overcoming adversity.

This piece is dedicated to all who face life's misty pathsespecially the young children and families. May it remind us that, no matter how dark the journey may seem, perseverance leads us to brighter days.

#### **Kea's Ascent**

In the heart of this misty alpine landscape, a solitary kea, the world's only alpine parrot, stands as a symbol of resilience and adaptability. The kea's vibrant green feathers contrast against the cool, textured blues and greys of the mountain, echoing the bird's reputation for intelligence and tenacity in the harshest environments.

This painting invites viewers to reflect on the strength required to endure life's storms. Just as the kea thrives amidst the rugged peaks, so too can we find hope and courage in the face of adversity. The swirling mists and bold brushwork evoke both the uncertainty and the beauty of the journey, reminding us that resilience is not just survival, but a celebration of life's challenges and triumphs.

Having gone through a challenging journey with my son, i created thus piece hinting of young people facing cancer and kidney disease, this artwork embodies the spirit of perseverance and the promise of brighter days ahead.





## **Reflection of Hope**

This captivating landscape painting, invites viewers into a serene natural setting, where vibrant hues of green and orange harmonize beautifully. The gentle brushwork reveals a tranquil body of water reflecting the majestic mountains in the background, while the foreground bursts with lively foliage. Each element is thoughtfully composed, creating a sense of depth and tranquility. This artwork not only enhances any space but also serves as a reminder of nature's beauty and serenity. Perfect for adding a touch of artistic elegance to your home or office.

**Reflection of Hope** 51 cm x 41 cm

Oil on canvas





# **Serendipity**

This captivating landscape artwork presents a serene view of majestic mountains reflected in tranquil waters. The interplay of colours, from soft pastels in the sky to deep blues in the water, creates a harmonious atmosphere that invites contemplation. Lush greenery frames the scene, enhancing the natural beauty and adding depth to the composition. This piece embodies the essence of nature's tranquility, making it a perfect addition to any space seeking a touch of calm and inspiration.

**Serendipity** 61 cm x 46 cm Oil on canvas



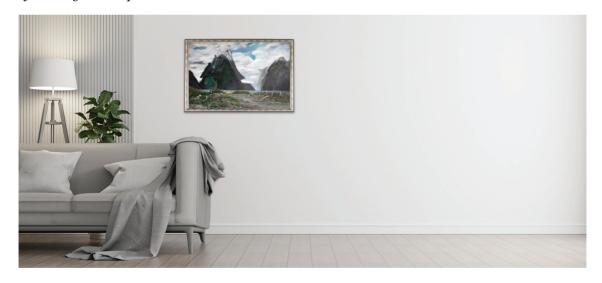
## Milford Sound: Sentinel of Serenity

Rising from the mist and mirrored waters, the towering peaks of Milford Sound stand as timeless sentinels, guardians of natures resilience and beauty. In this painting, the interplay of light and shadow evokes both awe and tranquility, inviting viewers to journey into a landscape where the wild remains untamed and hope endures. The swirling clouds and rugged terrain remind us that even in the face of adversity, there is strength and peace to be found in the embrace of nature.

This piece is dedicated to the children and families supported by the cancer and kidney foundations. Just as Milford Sound has weathered countless storms, so too do these young warriors face their challenges with courage and grace. May this painting inspire all who see it to find their own strength and serenity, and to support the journey of healing and hope...



Milford Sound: Sentinel of Serenity 24 cm × 36 cm Oil on canvas





"Each of these works is inspired by the resilience and hope I see in nature, and in the children and families supported by Child Cancer New Zealand and Kidney Foundation New Zealand. Through this collection, I invite you to join me in making a difference, one brushstroke at a time. Legacy of Kindness continues and we a grateful for your participation and generosity. Thank you.



Dear Sharon,

I want to express my heartfelt thanks for your support, guidance, and encouragement throughout my exhibition journey. Your insights and suggestions, especially regarding my book and presentation, have been invaluable. It ruly appreciate your patience, professionalism, and the care you show for both artists and their work.

This experience has been a significant milestone for me, and your help has made it all the more meaningful. I look forward to the possibility of working together again in the future.

With gratitude,

Portch Naziadin



What if every moment, fleeting, fragile, forgotten, was a brushstroke in the masterpiece of your life?

In *Becoming the Brushstroke*, Puteh Naziadin invites readers into a world where memory is pigment, kindness is canvas, and transformation is the art itself. From childhood acts of generosity to the quiet rituals of legacy, each page pulses with colour and courage. This is not just a book of stories, it is a living gallery of sentiment, symbolism, and soul.

Through poetic reflections, visual motifs, and intimate blessings, Puteh paints her own path, layer by layer, gesture by gesture, until the ordinary becomes extraordinary. Her journey is a testament to what happens when we dare to live artfully, love bravely, and honor the invisible threads that bind us.

Whether you are an artist, a seeker, or someone simply longing to feel seen, this book will remind you:

You are the brushstroke.

You are the masterpiece in motion.

# CAPITAL

#### Venue

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